



Tackle Football 5th & 6th Grade

# Holdingsford District & Community Education Newsletter



Cheer Clinic



Volleyball 1-3

**Administration**  
 Chris Swenson, Superintendent  
 Brian Silbernack, HS Principal  
 Jim Stang, Elementary Principal  
**School Board**  
 Ben Christensen  
 Mike Higgins  
 Alisha Kruger  
 Pat Meier  
 Todd Smith  
 Dale Streit  
 Russ Wolter



Flag Football 3rd & 4th Grade

## Winter 2016-17



Volleyball 4-6

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# Community Events

## Ladies Weekend Mix & Mingle!



Friday, November 4th, 5pm to 9:30pm – Ladies Night Out!  
- Join us in Holdingford for a fun night of shopping, drinks, food and friends!

Saturday, November 5th, 9am-3pm– Annual Craft Fair at the Holdingford American Legion!

Thank you for checking out our local Holdingford businesses and shopping local!

## *Santa Night*

December 9th on Main street

- Tree lighting
- Live nativity scene
- Sleigh rides
- Santa at the Legion
- Hot cider and cookies!



## Holdingford Lioness Club Sets “Gifts for Joy” Project

The Holdingford Lioness Club is once again sponsoring its “Gifts for Joy” project. This is a free service offered to area families in need that enables them to provide Christmas gifts for their children who are 18 years old or younger. Families will be given individualized merchandise gift certificates from local business owners to use to purchase Christmas gifts for their children.

Any family that will need help in providing their children Christmas gifts, is asked to contact the Holdingford Lioness Club by sending a letter: “Gifts for Joy”, PO Box 205, Holdingford, MN 56340; or by calling:

Irene at 393-2472 or

Bonnie at 746-2276

**Before November 16, 2016.**

## FARE FOR ALL TO SELL HOLIDAY PACKS IN HOLDINGFORD ON NOVEMBER 14th

*Program makes Thanksgiving Dinner more affordable for all community members*

Minneapolis, Minn. – Fare For All, a local non-profit food program created to make fresh fruits and vegetables more affordable to central MN families will be selling Holiday Packs for \$30 at Community Country Church in Holdingford on Monday November 14th from 3:30-5:00 pm. Each Holiday Pack includes an 8-10 pound turkey, a Hormel pork tenderloin, 2lbs Tyson chicken wings, pork sausage, two bags of green beans, and a pumpkin pie.

**Orders must be taken in advance.** Orders and payments are being taken now at Community Country Church (320-746-0005 Wednesdays or Thursdays) or at the Holdingford City Center. Distributions take place one Monday a month and orders must be received by the Sunday before the distribution date.

Fare For All, sells packages of fresh produce and frozen meat at 37 locations throughout Minnesota. With prices ranging from \$10 to \$30 per package, Fare For All offers savings that are much less than retail prices. The program has no income requirements and is open to everyone who is looking to save money. There are no forms to complete and cash and EBT cards are accepted. To use your EBT card call Fare For All weekday mornings at 800-582-4291, let them know what you are ordering to pick up at the Holdingford site. For additional dates and a map of Fare For All locations, go to: [fareforall.org](http://fareforall.org) or find us on Facebook.

## Alzheimer’s Disease

### Education

Helping Hands Outreach is an area provider of information and education on Alzheimer’s Disease. Educational programs include: Know the 10 signs of Alzheimer’s Disease, and How to be a friend to someone with Alzheimer’s. We also offer free mini-cog screenings for Alzheimer’s Disease. Early detection of Alzheimer’s gives the chance to seek treatment and plan for the future. For information on these programs call Helping Hands Outreach at 746-9960 or visit our website at:

[www.Holdingfordhelpinghands.org](http://www.Holdingfordhelpinghands.org).

## From the Superintendent's Office

Greetings from Holdingford Public School! I can tell you that when I used to live in North Dakota, one of the things I missed was Fall in Minnesota. There is just something about corn harvest, leaves changing, and the cooler temperatures that I really enjoy. This Fall has been really great because of not only those outside activities, but all of the great things going on inside as well. We are off to an amazing start to the 2016-17 school year and I look forward to what the rest of the year brings.

The first few months have been very busy and one of the things I want to inform you on is the facility planning. 2016-17 is the first year we are able to use Long Term Facility Maintenance money (replaced the Health and Safety/Deferred Maintenance funds we received in the past). This is local revenue that is supplemented by the state to provide money to maintain the infrastructure of the school buildings. Last Spring we started a building evaluation to determine what is needed to maintain the school building. In order to meet these needs going forward the School Board has approved a 10-year plan.

In evaluating the current state of the building, the future needs of the facility and district are being examined as well. The District and School Board has been working through a process to identify programmatic and other space-related needs within the District. A number of opportunities to enhance both academic and activity spaces within our current facilities have now been identified and we will be hosting a series of community listening sessions in an effort to receive input and feedback related to some of the improvements currently being considered by the Board.

The School Board has scheduled listening sessions to be held in the Holdingford High School media center on the following dates.

Tuesday, November 22, 6:00 pm

Monday, December 5, 6:00 pm

Wednesday, December 14, 6:00 pm

The District strongly encourages you to attend and join in the discussion about the current needs of the District.

As we near the end of Fall, I hate to remind you that winter is just around the corner. Minnesota weather is sometimes difficult to predict; it is essential that parents/guardians anticipate and prepare for school closings, delayed openings, and early dismissals. The area public school districts follow a coordinated plan to better ensure the safety of our children. The National Weather Service and other forecasting agencies issue various Winter weather statements, watches, and warnings. We use these statements to determine if weather conditions may cause a late start, full day cancellation or an early dismissal from school. As always the safety of our students and staff is our prime concern. If cancellations/dismissal are needed, please pay attention to our SkyAlert announcements, local TV and Radio for the latest news.

Finally, on November 9<sup>th</sup> at 4:00 p.m., we will be having a meeting to discuss our progress on our World's Best Work Force plan. This is a chance to look at what we have accomplished to this point but also look ahead. I am in search of a few parents that would like to participate in this meeting. If you are interested, please call my office at 320-746-4308.

Chris Swenson, Superintendent

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# Elementary News

## Greetings from Elementary Principal

I am pleased to announce that our 2016-2017 school year is off to a FANTASTIC start. Our hallways and classrooms are filled with 572 smiles, super manners, and positive attitudes. Our dedicated and amazing staff continues to challenge all learners to be the best they can be while making the learning process fun and relevant. Thank you for sharing your children with us. When families and schools work together, the sky is the limit!

Once again September and October were filled with welcome back ceremonies, beginning of the year assessments, and getting to know students' social, emotional, behavioral, and academic needs. In addition to the hustle and bustle of a new school year, staff and students joined forces to make a great school even better by practicing our Husker High Five throughout every aspect of the school day. Students were challenged to improve behaviors on the bus, on the playground, in hallways, bathrooms, and in the cafeteria. Together we can keep our school a safe, nurturing place for children of all ages.

**I show my HUSKER Integrity  
by  
Being Ready  
Being Respectful  
Being Responsible  
Every Day Everywhere!**

From all of us at Holdingford Elementary, It is an honor to work with such talented children and supportive families! Go Huskers!

**Submitted by Jim Stang, Elementary Principal**

Dear Principal,

I am writing today to offer my personal congratulations for Holdingford Elementary School's recent designation as a 2016 Reward School. Your school is among the highest performing schools in the state, and this recognition reflects the incredible success of your students and tireless efforts on behalf of your staff.

Minnesota's Multiple Measurements Rating (MMR) allows us to look at the performance of a school in the areas of proficiency, growth, achievement gap reduction and graduation rates. The system emphasizes the importance of both achievement and student progress from year-to-year, and it allows us to recognize and share the incredible accomplishments in schools just like yours.

As you likely know, the Every Student Succeeds Act (ESSA) was signed into law in December 2015. Under this federal law, Minnesota will design a new accountability and recognition system that amplifies our work to increase overall student achievement and reduce opportunity and achievement gaps. We look forward to building this new system alongside students, educators and families.

I believe that if we work together, every Minnesota school can be excellent. By learning from schools like yours, we believe we can accelerate positive results and replicate your successes to help reduce achievement gaps among students. I appreciate the hard work you do every day to ensure the students you serve are successful. You, your staff and your students are to be commended.

Again, please accept my best wishes on your remarkable accomplishment, and thank you for your work to ensure every Minnesota child reaches their highest potential.

Sincerely,

Dr. Brenda Cassellius  
Commissioner

## Screening

Developmental screening is mandatory before entrance into kindergarten. The purpose of screening is to identify children who have health or developmental problems and to refer them for help where needed. The sooner this is done, the better the chances are for addressing problems that effect school success. Knowing something about your child and family will help us better understand and plan for your child. There are many resources in the school and community to help your child off to a good start in school. This will be a great opportunity for us to share these with you.

Our next screening date is January 16, 2017. Please call the school at 746-4462 to set up an appointment. Appointments will be made on a first come-first serve basis. The screening will last one hour. Parents should keep in mind that the screening of preschoolers is not a test of the child's abilities or a measure of your parenting. It is typical for the screener to ask your child several questions beyond their ability to determine his/her developmental level. This in no way means your child has failed or that you have failed your child.

**There is no charge for the screening.** If your medical provider or another district has screened your child, you will need to provide a copy of the screening results to the school nurse. Children screened at Head Start will automatically have the results sent to their school district. Final file review and determination of possible re-screens or referrals will be completed by Holdingford district staff. We will contact families with follow up data.

**We are looking forward to seeing you and your child!**

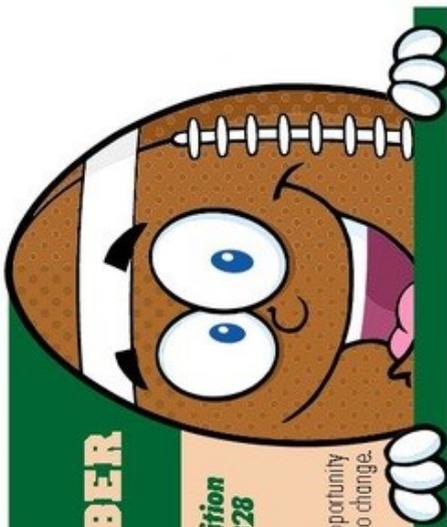
**Reward School**  
 **2016**

Minnesota Department of  
**Education**

# MENUS FOR NOVEMBER 2016

Holdingford Nutrition Services 746-4328

This institution is an equal opportunity provider. Menus are subject to change.

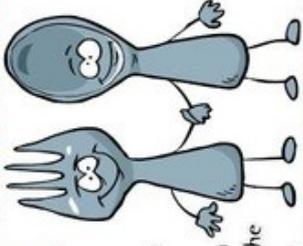


## NUTRITION 7060

Thanksgiving dinner is full of variety and nutrients. Turkey is a high-protein, low-fat meat, and the big meal is usually served with an array of tasty veggies. To keep your dinner healthier, cut back on the dressing and gravy a little, limit the bread and butter, start off with smaller portions, and rest a bit before going back for seconds.



## THE FAMILY THAT EATS TOGETHER.



Family meals don't just improve kids' nutrition - eating together also helps boost social skills and increase kids' appreciation for the value of food and the effort needed to fix meals.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

**Election Day is November 8.**  
**Everyone over 18 should get out and VOTE!**

**Tuesday, November 1**  
**Breakfast**  
French Toast Sticks  
Or Cereal Bar  
G/G: Cinni Minis  
**Lunch**  
Grilled Chicken Patty  
Or Ham Deli-K  
School Baked Fresh Bun  
Steamed Corn  
Fresh Vegetables  
Fresh/Canned Fruit

**Wednesday, November 2**  
**Breakfast**  
Whole Grain Snackbread  
Cheese Stick or Cereal  
G/G: Bagel w/Cream Cheese  
**Lunch**  
California Burger  
Or Ham Patty-K  
School Baked Fresh Bun  
Green Beans  
Fresh Vegetables  
Fresh/Canned Fruit

**Thursday, November 3**  
**Breakfast**  
Breakfast Pizza or Cereal  
G/G: Cinnamon Roll  
**Lunch**  
Chicken Nuggets-K  
Or Pork Chop Patty  
Mashed Potatoes/Gravy  
Squash from the Garden  
Broccoli-Cauliflower Salad  
Bread Slice (J/HS)  
Fresh/Canned Fruit

**Friday, November 4**  
**In-Service Day**  
**No School**

**Our teachers are busy sharpening their skills for you!**

**Monday, November 7**  
**Breakfast**  
Breakfast Bites  
Or Apple Frudel  
G/G: Banana Bread Slice  
**Lunch**  
Ham Deli  
Or Sloppy Joe-K  
School Baked Bun  
Buttered Corn  
Fresh Vegetables  
Fresh/Canned Fruit

**Tuesday, November 8**  
**Breakfast**  
Dutch Waffle or Cereal  
G/G: Whole Grain Poptarts  
**Lunch**  
Hotdog on a Bun-K  
Or Turkey Wrap  
Baked Beans  
Fresh Vegetables  
Fresh/Canned Fruit

**Wednesday, November 9**  
**Breakfast**  
Mini Bagels  
Or Cheese Stuffed Pretzel  
G/G: Apple Frudel  
**Lunch**  
Turkey Gravy-K  
Or Salisbury Steak  
Mashed Potatoes  
Cole Slaw  
Cranberry Sauce/Stuffing  
Bread Slice (HS)  
Fresh/Canned Fruit

**Thursday, November 10**  
**Breakfast**  
Fred Breakfast Round  
Or Cinni Minis  
G/G: Uncrustable PB&J  
**Lunch**  
Cheese Quesadilla Or  
Mandarin Orange Chicken-K  
w/Rice  
Tiny Whole Potatoes  
Baby Carrots/ Bread Slice  
Fresh/Canned Fruit

**Friday, November 11**  
**In-Service Day**

**No School**

**OUR NATION'S HISTORY**

**B**oston Light sits outside the harbor of Boston, Massachusetts. The original lighthouse started operating 300 years ago this fall in 1716 and was the first lighthouse on our shores. The light pictured here replaced the first one in 1783. Today, Boston Light's white beacon flashes every 10 seconds and can be seen more than 30 miles out to sea.

*Jim Getchell via Creative Commons*

**WITH LIBERTY & JUSTICE FOR ALL**

## Husker Athletic Booster Club News

What is The Husker Athletic Booster Club all about?

The Booster Club was formed in the 1980's by a group of alumni, parents, teachers, community members & coaches to help support the athletics at Holdingford Schools. There is no membership fee to belong and anyone can be a part. Members are committed to enhance the experience that students have while participating in activities during their academic careers at Holdingford High School. If you would like to receive the monthly agendas and become active members please send your email address to President Lee Paulzine [lee.paulzine@gmail.com](mailto:lee.paulzine@gmail.com). The Booster Club is the only program that benefits all Husker Athletics.

We are reaching out to the community; especially parents of elementary, junior high, and high school athletes; to get involved and attend the monthly meetings. They typically last less than an hour. With more and new members attending, we can brainstorm to find new and fun ways to create new revenue and also be more versed in the needs of the different sports within the school. Again, it is very important for the elementary and junior high parents to get involved as this will be the group that benefits the most from future projects.

Our next Booster Club meeting is scheduled for Nov. 20<sup>th</sup> 6:00 PM at Holdingford City Hall. Please mark your calendar and plan to attend. Send me your email address and I will make sure you get the agenda a few days in advance for your reminder.

Thanks again for your support. Your school athletes appreciate it.

Lee Paulzine  
President



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### 2016 Husker Golf Scramble

Thanks to the following for your generous donation.

#### \$500

Marco  
Perma-Chink  
Advantage 1 Insurance/Stearns Bank  
Burski Excavating/Boundary Fence & Design, LLC.  
Central MN Credit Union  
Albany Chrysler  
WDS Scepaniak  
Northland Capital  
Landmark Stucco  
Notch Livestock Trucking  
Everything Signs  
Husker Girls Basketball/Football/Wrestling

#### \$200

Avon State Bank  
Holdingford Municipal  
Two Rivers Enterprise  
Jims Snowmobile and Marine  
We Haul For You  
Holdingford Gas and Grocery  
Langner Law Office

#### \$100

Excel Images  
Holdingford Legion  
Seitz Stainless  
Avon Electric  
All Star Trophy and Awards  
Marcia Hess and Linda Zapzalka  
Dale and Kathy Bruns  
Olson Bros Chiropractic  
Greg Hubbard  
Picture Day Pro

#### Top 3 Teams

1<sup>st</sup> – Advantage 1 Insurance  
2<sup>nd</sup> – Blackberry Ridge  
3<sup>rd</sup> – Husker Coaches

# Athletics

## Varsity Boys' Basketball

Friday, Dec. 2	7:30pm	@Royalton
Tuesday, Dec. 6	7:00pm	@ Sauk Centre
<b>Friday, Dec. 9</b>	<b>7:30pm</b>	<b>vs. Foley</b>
Dec 15, 16, 17	TBD	St. John's Tournament
Tuesday, Dec 20	7:30pm	@ Melrose
Tuesday, Jan 3	7:15pm	@ Paynesville
<b>Friday, Jan 6</b>	<b>7:15pm</b>	<b>vs. Kimball</b>
<b>Tuesday, Jan 10</b>	<b>7:30pm</b>	<b>vs. Osakis</b>
<b>Thursday, Jan 12</b>	<b>7:15pm</b>	<b>vs. HLWW</b>
Saturday, Jan 14	7:30pm	@ Upsala
<b>Tuesday, Jan 17</b>	<b>7:15pm</b>	<b>vs. Maple Lake</b>
Friday, Jan 20	7:15pm	@ EVW
Tuesday, Jan 24	7:30pm	@ Albany
<b>Thursday, Jan 26</b>	<b>7:15pm</b>	<b>vs. BBE</b>
<b>Tuesday, Jan 31</b>	<b>7:15pm</b>	<b>vs. Pierz</b>
<b>Friday, Feb 3</b>	<b>7:15pm</b>	<b>vs. Paynesville</b>
Thursday, Feb 9	7:15pm	@ Kimball
Monday, Feb 13	7:30pm	@ Long Prairie
Tuesday, Feb 14	7:15pm	@ HLWW
Friday, Feb 17	7:15pm	@ Maple Lake
Tuesday, Feb 21	7:30pm	@ St. John's
<b>Friday, Feb 24</b>	<b>7:15pm</b>	<b>vs. EVW</b>
Tuesday, Feb 28	7:15pm	@ BBE
Friday, Mar 3	7:15pm	@ Pierz

## Varsity Girls' Basketball

Tuesday, Nov 29	7:30pm	@ St. John's
<b>Thursday, Dec 1</b>	<b>7:30pm</b>	<b>vs. Cathedral</b>
<b>Friday, Dec 2</b>	<b>7:15pm</b>	<b>vs. Paynesville</b>
<b>Thursday, Dec 8</b>	<b>7:15pm</b>	<b>vs. BBE</b>
<b>Tuesday, Dec 13</b>	<b>7:15pm</b>	<b>vs. EVW</b>
<b>Friday, Dec 16</b>	<b>7:30pm</b>	<b>vs. Staples Motley</b>
<b>Thursday, Dec 22</b>	<b>7:30pm</b>	<b>vs. Long Prairie</b>
Dec 27 & 28	TBD	Perham Tournament
Tuesday, Jan 3	7:15pm	@ Maple Lake
<b>Thursday, Jan 5</b>	<b>7:15pm</b>	<b>vs. HLWW</b>
Friday, Jan 6	7:30pm	@ Osakis
Tuesday, Jan 10	7:15pm	@ Paynesville
Friday, Jan 13	7:15pm	@ Kimball
<b>Thursday, Jan 19</b>	<b>7:30pm</b>	<b>vs. Upsala</b>
<b>Friday, Jan 20</b>	<b>7:15pm</b>	<b>vs. Pierz</b>
Tuesday, Jan 24	7:15pm	@ BBE
Friday, Jan 27	7:15pm	@ EVW
<b>Thursday, Feb 2</b>	<b>7:15pm</b>	<b>vs. Maple Lake</b>
Tuesday, Feb 7	7:30pm	@ Royalton
<b>Friday, Feb 10</b>	<b>7:15pm</b>	<b>vs. HLWW</b>
Saturday, Feb 11	2:30pm	@ Milaca
Tuesday, Feb 14	7:30pm	@ Sauk Centre
<b>Tuesday, Feb 21</b>	<b>7:15pm</b>	<b>vs. Kimball</b>
Thursday, Feb 23	7:30pm	@ Melrose
Friday, Feb 24	7:15pm	@ Pierz

## Varsity Wrestling

Thursday, Dec 1	6:00pm	@ Royalton
Friday, Dec 2	2:30pm	@ BBE
<b>Tuesday, Dec 6</b>	<b>6:00pm</b>	<b>vs. BBE</b>
Friday, Dec 9	5:00pm	@ Osakis
Dec 16 & 17	TBD	Redwood Valley Tournament
<b>Tuesday, Dec 20</b>	<b>5:00pm</b>	<b>vs. Albany, Little Falls</b>
Thursday, Jan 5	5:00pm	@ Paynesville
Saturday, Jan 7	10:00am	@ Foley
Friday, Jan 13	4:00pm	@ Paynesville Tournament
Tuesday, Jan 17	5:00pm	@ New London Spricer
Thursday, Jan 19	6:00pm	@ Kimball
Saturday, Jan 21	9:00am	@ Rogers
<b>Friday, Jan 27</b>	<b>5:00pm</b>	<b>vs. Mille Lac Area, Rush City/ Braham</b>
Thursday, Feb 2	5:00pm	@ Pierz
<b>Thursday, Feb 9</b>	<b>5:00pm</b>	<b>vs. EVW, HLWW, LPGE</b>



### Good Luck Huskers!

From Pat and the Gang at  
*Holdingsford Municipal*

746-2264

*Proud Sponsor of Husker Athletics*

Bingo Wednesday Evenings at 7:00 p.m.



**HEADLEY  
HARDWARE  
HANK**

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**Hours: Mon-Thurs 8-6, Fri 8-7, Sat 8-4**

# DIGPINK

The Holdingford High School Volleyball team hosted its Dig Pink Night Rally on Thursday, October 13th. Our goal was to raise \$500. We made over \$700 from raffle baskets, the PLINKO game, cookie sales, and donations to the Side Out Foundation.

The Side-Out Foundation was created in 2004 to honor Gloria Dunetz, the mother of a volleyball coach. Gloria passed away in August, 2010, and her memory will always inspire the organization to forge ahead for new research. The Side-Out Foundation's Dig Pink® events are designed to encourage young athletes to become involved in breast cancer education and research. The dedication and fundraising efforts of the volleyball community are responsible for a clinical trial: The Side-Out Protocol. Visit the Side-Out website for more information about this innovative targeted trial for patients with metastatic breast cancer: [www.side-out.org](http://www.side-out.org).

The Holdingford High School Volleyball Team thanks the following individuals and organizations for the Dig Pink Donations used in the raffle baskets and the PLINKO contest.

- Aggressive Masonry
- Central Minnesota Credit Union
- Corner Pizza
- Becky and Tom Ethen family
- Everything Signs, Robb Berscheid
- Gerads Oil
- Headley Hardware
- Holdingford Gas and Grocery
- Holdingford Mill
- Holdingford School District Employees - Virgil Stitch & Milissa Walz
- Jim's Snowmobile and Marine
- Raeanna Kobernusz
- Sandi Lucas
- Mexican Village
- Mongo's
- My Salon in Holdingford
- Opatz Metals
- Katherine Payne
- Perma-Chink
- Rudolph's Redneck Roost
- Stearns Bank
- Subway-Avon and St. Joseph



The team would also like to thank the 7th and 8th grade volleyball players, coaches, and parents for hosting the events in the hallway. Thanks, too, to the Holdingford cooks who made the cookies that were sold. We appreciate those who were our Holdingford Heroes for the night, and a special thank you goes to the Varsity Players and Assistant Coaches for contacting donors and for event preparation.

Thank you everyone for coming out to our Dig Pink event!, especially our Holdingford Heroes and the Student Section! Your support allows us to use our sport as a way to impact the lives of all those dealing with breast cancer.



**Husker volleyball team took 1st place in the Upsala tournament.**

**GREAT JOB GIRLS!**

**Holdingsford American Legion**

**Post 211**

Open Wednesday thru Saturday

5:00 p.m. to 1:00 a.m.

Sundays 1:00 p.m. to 12:00 a.m.

**Bar Bingo Thursdays,**

**September to April 7:30 p.m.**



# High School News

## Greetings from High School Principal

It is hard to believe we are already finished with the first quarter of school! The year has gotten off to a great start. The students are working hard in classes and have been very cooperative and respectful. The teaching staff continues to have high expectations for their students and the students have done a great job meeting the challenges.

The first round of OLPA (Optional Local Practice Assessments) have started. The OLPA test in math and reading give our teachers information on students performance levels early in the year to target areas of improvement. The tests also give students a chance to use the online testing system in preparation for this springs' MCA tests. I ask parents to encourage students to give their best effort on these tests so we get an accurate picture of each students' abilities.

Football, volleyball, cross country, and swimming are are coming to an end, with the winter athletic season right around the corner. The fall play will be performed on November 12 & 13, and the FFA continues to do well in competitions and is getting ready to attend the National FFA Convention in Indianapolis. NHS inducted 9 new members on October 23, student council planned a great homecoming week and organized the Red Cross blood drive, and the Veterans Day program sponsored by the FFA was held on November 9.

I want to take this opportunity to thank the parents and community for your ongoing support of the school. It is a great school and community and I am proud to be a Husker.

As always, if you have any questions or concerns, please contact me at 746-4309.

Brian Silbernick

Holdingford Secondary Principal

## High School Parent - Teacher Conferences

The first Parent Teacher Conference for grades 7 – 12 was held on October 5<sup>th</sup>. There was a great turnout of parents and many positive comments of holding conferences at mid-quarter time. Parents are an essential part of their child's success at school and we appreciate parent's participation. The following are the dates and times of the upcoming Parent-Teacher Conferences at the high school. Conferences are held in individual teacher's rooms.

### Conference Dates:

November 8, 2016	1:00 – 3:30 pm
November 10, 2016	1:00 – 3:30 pm
December 13, 2016	4:00 – 8:00 pm
February 28, 2017	1:00 – 3:30 pm, 4:00 – 8:00 pm
March 2, 2017	1:00 – 3:30 pm
May 1, 2017	4:00 – 8:00 pm

## 2016 – 2017 District #738 Testing Schedule

<u>Date</u>	<u>Test Name</u>	<u>Grade Taking Test</u>
September 20	ASVAB	11
October 17 – 18	OLPA – Math	7, 8, 11
October 17 – 28	OLPA Math	3 - 6
November 14 - 15	OLPA - Reading	7, 8
November 16 - 17	OLPA - Reading	10
January 17 – 27	OLPA Math	3 – 6
January 30 – February 10	OLPA Reading	3-6
February 6 - 7	OLPA – Math	7, 8
April 3 – 21	MCA III Reading	3 - 6
April 19	ACT plus Writing	11
April 20 - 21	MCA III Reading	7, 8
April 24 – 25	MCA III Reading	10
April 24 – May 5	MCA III Math	3 - 6
April 26 – 27	MCA III Math	7, 8
May 2	MCA III Math	11
May 8 – 12	MCA III Science	3 - 6
May 9	MCA III Science	8
May 10	MCA Science	10

## Future Educators Club



"The Future Educators Club recently took 11 Holdingford students on a field trip to St. Cloud State University called 'A Day in the Life of an Education Major.' The field trip was in cooperation with the SCSU FEC but also with ROCO-RI, Sartell, Monticello, and the St. Cloud Tech clubs. Our students got a first hand look at a variety of different types of classrooms and how they would look and feel; they also viewed and handled some of the latest technology in the education field. Students took a full campus tour, consumed a "real" college meal at Garvey Hall, and received some valuable information about the financial aspects of paying for college and utilizing student loans. It was an excellent experience and a great opportunity for some of our students who are aspiring to become educators or even those who are just curious about the career to get a first hand look at what their life could be like as an education major in the very near future!"

Submitted by Mathew Meyer

***You haven't missed  
the bell!***



We accept  
applications for  
free and reduced-  
price meals all year  
long. Please call  
746-4323 for more  
information.

### Grade 7 & 8 Targeted Services Program

The after school Targeted Services program has started at the high school for students in grades 7 & 8. The program is designed to help students in a variety of academic areas as well as organizational skills. The program is offered on Monday and Wednesdays from 3:15 – 4:15. The instructor for the program is Carin Pederson, a secondary science teacher. If you still want to register your child for this program or want more information about the program, contact Ms. Pederson at 746 – 4336.

## Holdingsford Welcomes New Staff

Holdingsford Public Schools welcomed six new staff members at an orientation on Thursday, August 25. The orientation included time for new staff to interact with mentors, informative sessions about district operations, a tour of the Holdingsford area, and lunch. It was an exciting time for staff members as they prepared for the start of the new school year.



Pictured from left to right: Steph Talberg (Title I/ Elementary PE), Alex Szczech (ECFE), Jill Schmitt (District Technology Integration Specialist), Katrina Heringlake (Elementary Art), Marian Lyndgaard (High School Art), and Beth Heinze (District Business Manager).



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## Husker Homecoming 2016

Homecoming Week came quickly this year. Just three weeks into the school year, Holdingford kicked off Homecoming week with the crowning of our King Johnathan Supan and Queen Arianna Vasilj on Sunday, September 11th. Our female royalty attendants included Sara Solarz, Amanda Douvier, Johanna Merten, and Mary VanHeel. Our male attendants included Dalton Frink, Blake Patrick, Nolan Prokott, and Brandon Skroch. To celebrate the week, Monday students dressed in Pjs or formals, flashed back in time on Tuesday, dressed in a grade color on Wednesday, Thursday students dressed for a Hawaiian luau, and showed school spirit with school colors on Friday, September 16th. Over the week, games were played including Powder Puff Football and Power Ranger Volleyball. The theme was An Evening at a Hawaiian Luau and special 2016 T-shirts were designed by senior and Queen, Arianna Vasilj. Friday evening the football game was an exciting win against Maple Lake. The week culminated with a Saturday evening Homecoming Dance for grades 7-12.

Submitted by Jenn Clear and Brody Anderson



## National Honor Society

The Holdingford National Honor Society hosted an induction ceremony on October 23rd, 2016 for all new inductee members. There were 9 new members inducted. The night was very formal and was held in the high school little theater. Current officers started the night off with a talk on the four pillars of the NHS program. The four pillars are required to be met in order to be considered for being accepted into NHS. The four pillars include scholarship, leadership, service, and character. All of the new members greatly excelled in each of the four pillars. At the end of the ceremony each member was sworn in and accepted the responsibility of becoming a member of the Holdingford NHS program.

The new members include Holly Keppers, Alyssa Kerfeld, Bridget Catton, Olivia Mokhtary, Rose Kellner, Brooke Catton, Samuel Boulton, Trevor Sowada, and Marissa Gerads.

Submitted by Brody Anderson



# Community Education

## Winter 2017 Tentative American Red Cross Swimming Lesson Schedule Holdingford

**Note:** You may enroll 2 children in the same level in a private session together. Call the Community Education Office at 320/746-4465 with questions on the process. Swim lesson fees: District Residents \$50.00 Non-District Resident \$55.00. Enter door 1 and follow signs to the pool.

### Session I Private Lessons

**January 9 – 13 (M-F)**

(5 - 30 Minute Lessons)

Lessons scheduled every 35 minutes from 3:30 p.m. – 6:20 p.m.

### Session II Private Lessons

**January 23 - 27 (M-F)**

(5 - 30 Minute Lessons)

Lessons scheduled every 35 minutes from 3:30 p.m. - 6:55 p.m.

### Session III Private Lessons

**February 6 - 10 (M-F)**

(5 - 30 Minute Lessons)

Lessons scheduled every 35 minutes from 3:30p.m. - 6:55 p.m.



## SWIMMING LESSON REGISTRATION

Swim lesson registration is available for you to register online from your HOME computer.

\*\*If you do not have a home computer with internet or would like assistance with the process please call the Community Ed. Office at 320-746-4465

If you plan to have two students who are at the same level take a private lesson together, indicate this on the registration along with the second child's name. (\$35 to add a child)

### IMPORTANT SWIM NOTES:

Private swim lesson fee for district residents **\$50**

Private swim lesson fee for non-district residents **\$55**

**Registration will start online Monday, November 14<sup>th</sup> at 6pm; you can call the Community Ed. office to register starting 8am Tuesday, November 15<sup>th</sup> (746-4465).**

Self-addressed, stamped envelope- On your child's first day of swimming lessons they must provide a self-addressed, stamped envelope for returning their swimming card.

## Parent/Child Aquatics

Parent and child aquatics are for children 6 months to 5 years of age and their parents/guardians. This class builds swimming readiness by emphasizing fun in the water.

Dates: Monday, Tuesday, Wednesday, Thursday January 9th-12th (4 – 25 minute classes)

Time: 6:30-6:55pm

Location: HS Pool

Fee: \$20.00 per child

Minimum: 4



Individuals enrolled in winter swim lessons are asked to use the private changing rooms located in the hall on the left side of the pool. This is due to winter athletics and their use of the locker rooms.

## Elementary Cheer Clinic – Cheers, Football, and Fun

(Picture on cover)

This fall, 32 elementary cheerleaders in grades 3-6 helped to cheer on our Husker Football Team at the homecoming football game on Friday, September 23<sup>rd</sup>. The girls took part in a community education cheer clinic that was taught by the Varsity Football Cheerleaders. They met four times after school and learned many sideline cheers and two short dances. Along with the Varsity Cheerleaders, they performed during the first quarter of the homecoming game. The girls did a great job and it was an evening filled with cheers, football, and fun . . . and of course a Husker win!

Submitted by Dana Schindele



Tovx.com

## JO Volleyball Program

Holdingford will offer a JO Volleyball Program for boys and girls in grades 4-8 during the months of February-May. More information regarding the Parent/Player January meeting will be given out through announcements from the High School Office.

## Elementary Volleyball Program

(Pictured on cover)

The program was on Saturday mornings from September 10th - October 15th, 2016. Grades 1-3 played from 8:30 a.m. - 9:30 a.m. and Grades 4-6 played from 9:30 a.m. - 10:30 a.m. Chelsey Gerads ran the program with help from Lauren Volkers and the High School Volleyball Players. Athletes practiced the volleyball skills of movement, passing, setting, serving, attacking, and team play. There were 29 participants in grades 1-3 and 27 participants in grades 4-6. Certificates and treats were given out on the last day.



## Just For Kix

(Pictured left)

The Holdingford Just For Kix program is Directed by Morgan Franzwa and assisted by Jenna Konrad. The Just For Kix Dance Program offers classes for ages 3 years old- 12th grade. Registration is still open! Dancers in grades 4-12 performed during half-time of the Husker Football game on Friday, October 14. They danced to the song “Can’t Stop The Feeling.”

## Husker Kids’ Zone School Age Childcare



Husker Kids’ Zone students enjoyed painting pumpkins over MEA Break.

## Grades 4-8 Fall Volleyball Camp

The Holdingford High School Volleyball Players hosted a 2 day camp for 4th-8th grade volleyball players. High School Players coached the campers in the skills of footwork, serving, passing, attacking, and team play.



# Cosmic Bowling

Bring your child for an afternoon of bowling fun at the Albany Bowling Alley! Your child is sure to enjoy some special one on one time with you while bowling and eating pizza. Included in the registration fee is one game of cosmic bowling, shoes, unlimited pop and single ingredient pizza. Students must be accompanied by an adult and parents are responsible for transportation. **\*This event is open to students in grades K-4 and their parents/guardians.**

**Date:** Saturday, February 4th

**Time:** 11am-2pm

**Fee:** \$25 (includes 1 adult and 1 child, please put both names on registration) Additional child or adult is \$13 each

**Location:** Albany Bowling Alley

**Registration Deadline:** January 24th

**Maximum:** 60



## Sculpture Around the World (Grades 2-5)

Students will be able to learn about different cultures from around the world and create their own projects right here in Holdingford. Be prepared to get a little messy and learn a little about the world we live in!

Instructor: Mrs. Lyngaard, HS Art Teacher

**Dates:** Thursdays, January 19– February 9th (4 sessions)

**Time:** 3:15pm-4:05pm

**Location:** HS Art Room

**Fee:** \$29

**Fee After January 9:** \$34

**Minimum:** 8

**Maximum:** 20



## Wanted: Crafters and Vendors for Holdingford Community

Education

2017 Spring Business Expo &  
Craft Fair

Saturday, April 1, 2017

9:00am-2:00pm

Holdingford High School Gym

\$20 Registration Fee

Register your booth today by calling  
Kendra at 320-746-4465 or  
email [Kendra.posch@isd738.org](mailto:Kendra.posch@isd738.org)

## Pool and Pizza Party Grades K-6

Join your friends for some fun after school. First take a dip in the pool while enjoying open swim from 3:00pm-4:00pm. Then enjoy delicious pizza and a beverage from Corner Pizza in the Student Lounge. You must provide your own swim suit, towel, and swim cap. Students are responsible for their own belongings. Students may bring a lifejacket or indicate when registering if one is needed.

**Parents:** Please pick students up promptly at 4:30pm at High School Door #1.

**When:** Wednesday, January 18th  
**Time:** 3:00pm-4:30pm  
**Location:** Pool and Student Lounge  
**Minimum:** 10  
**Maximum:** 20

## PotSpot Let It Snow! Let It Snow! (K-12)

This fun snowperson plate will be a great piece to serve cookies on all winter long. It is a great size too! You will fit plenty of treats on them. *\*Remember, PotSpot will take the projects and fire them in the kiln. We will return them to school one week later.\**

**Dates:** Wednesday, November 16  
**Time:** 3:00 pm – 4:30 pm  
**Location:** HS Student Lounge  
**Fee:** \$18  
**Fee after November 9:** \$23  
**Minimum:** 4  
**Maximum:** 20



## Parent and Me Painting! (Ages 2-5)

Mom, Dad, Grandma, Grandpa or Special Person bring your young child for some painting fun! PotSpot will bring all of the supplies for this evening of fun. Your child will paint their own unique piggy bank. The bank measures 5 1/4" x 6 1/2". PotSpot will take the banks after class and fire them in the kiln. Community Ed. will notify you when they can be picked up from school about one week later.

**Date:** Thursday, January 26th  
**Time:** 6-7:30pm  
**Location:** Kids' Zone Room (enter door 1 and follow signs)  
**Fee:** \$25/child  
**Deadline:** January 17  
**Minimum:** 4  
**Maximum:** 15  
**Instructor:** Kaye Schmainda, PotSpot

## Youth Canvas Painting (grades 2-8)

Students will be instructed by a teacher from Art Bar 39 to create their own original canvas painting to take home. This is a FUN step by step guided class. Participants will paint a colourful giraffe shown below.

**Date:** Monday, November 7  
**Time:** 3:00-5:00pm  
**Location:** HS Student Lounge  
**Fee:** \$23  
**Fee After November 1st:** \$27  
**Minimum:** 10



## Cupcake Decorating Grades (3-6)

Get ready for the holidays by learning how to decorate your own holiday themed cupcakes. Each student will decorate and take home four cupcakes.

**Date:** Tuesday, December 6  
**Time:** 3:30-4:30pm  
**Location:** Elementary Teacher's Lounge  
**Fee:** \$15  
**Deadline:** November 28  
**Minimum:** 4  
**Maximum:** 10  
**Instructor:** Eileen Swenson



## Firearm Safety

Upon successful completion of this course, students will be permitted to hunt small game and are eligible to purchase a big game license. Participants must be at least 11 years old before January 31, 2017. Please indicate birth date on registration form. This course is sponsored by area Sportmen's Club and Holdingford Community Education. (New instructors are wanted, call Holdingford Community Ed. if you are interested 320-746-4465)

**Dates:** Tuesdays, January 3, 10, 17, 24 and 31.

*There will also be one additional day for shooting.*

**Times:**

January 3 6:30-7:30pm (material handed out)

All other dates 6:30pm-8:30pm

**Location:** To be determined based on numbers (students should enter and be picked up from HS Door #1)

**Fee:** \$7

An additional fee of \$7.50 will be charged when students complete online Self-Certification Process (to be explained in detail in class.)

**Fee after December 13:** \$12

**Minimum Class Size:** 30

## Snowmobile Safety Training

Holdingford Community Education and Holdingford Snowflyers Club will be offering a CD based Snowmobile Safety Course. CD's will be handed out at class. Students will not get time in school to use the computers so plan ahead that you are able to use one at home. There will also be printed literature given to the students.

Once the student has passed the driving test, a \$5.00 fee to the DNR is required to receive their certificate. This process will be explained in class.

Students must be 12 years of age by January 7, 2017.

**Please include student's birth date and full name (first, middle, last) when registering.**

If you have questions, please contact the Community Ed. Office at 746-4465 or Sue Marstein at 320-746-2787

**Date:** Tuesday, December 20, 2016

**Time:** 7:00pm – 9:00 p.m.

**Location:** Room 12

**Fee:** \$6.00

**Instructor:** Sue Marstein

**Driving Test**

**Date:** Saturday, January 7, 2017

**Time:** 9:30 a.m. – Noon

**Location:** Snoflyers Clubhouse



## Breakout Activity (Grades 4-6)

Be a part of the new craze! Breakout activities creates ultra-engaging learning games for people of all ages. the activities teach teamwork, problem solving, critical thinking, and troubleshooting by presenting participants with challenges that ignite their natural drive to problem-solve. There are a variety of challenges so students are encouraged to sign up for both classes!

Instructor: Chris Swenson, Superintendent

**Date:** Monday, December 5th

**Time:** 3-4pm

**Fee:** \$10

**Location:** HS Board Room

**Minimum:** 4

**Maximum:** 10

**Sign up for one or both!**

**Date:** Monday, January 9th

**Time:** 3-4pm

**Fee:** \$10

**Location:** HS Board Room

**Minimum:** 4

**Maximum:** 10



## Help!...I Have a Pain in My Neck

Yoga offers powerful tools to help relieve and prevent neck pain. We will examine the muscles of our neck that can become tight, learn to strengthen the muscles that may be weak, and practice proper alignment to relieve strain on the neck and shoulders. Together we will explore and learn various postures to help this very critical area of our bodies. We will also:

- Increase flexibility, strength, and endurance for the neck, shoulders, and upper back
- Lengthen the spine and back muscles
- Improve posture both while we sit and stand

This is part 1 of a two-part series on caring for the upper and low back. Please come comfortably dressed as we will be moving, bring a yoga mat or towel, and water.

Instructor: Rebecca Pierskalla, CPT, CES-NASM, Health Coach -ACE, 200 hour YT

Date: Tuesday, January 10

Time: 6:30pm– 7:30pm

Location: LMC

Fee: \$15

Minimum: 5

Maximum: 15



## Ouch!...My Low Back Hurts

Many of us suffer from low back pain. In fact, according to the American Chiropractic Association, 31 million Americans experience low-back pain at any given time. And 80% of the population will experience low-back pain at some point in their lives. In this class we will explore the region of the low back and why it can become so troublesome for us. We will also:

- Understand the connection between the low back and the hips
- Practice postures that will strengthen the low back
- Create space and an openness in the hips

This is part 2 of a two-part series on caring for the upper and low back. Please come comfortably dressed as we will be moving, bring a yoga mat or towel, and water.

Instructor: Rebecca Pierskalla, CPT, CES-NASM, Health Coach-ACE, 200 hour YT

Date: Tuesday, January 17

Time: 6:30pm-7:30pm

Location: LMC

Fee: \$15

Minimum: 5

Maximum: 15

Although different yoga information will be shared at each class, it is not required to sign up for both. You may choose the class that best fits your needs.

## Open Swim

The Holdingford High School Pool will be open on Monday evenings this winter for open swim. Lifeguards will be on duty. Students in grade 6 and under must be accompanied by an adult. Enter door 1, sign in and pay in the pool area.

**Dates:** Mondays, January 9, 23, 30 February 6, 13

**Time:** 7-8pm

**Fee:** \$2/person or \$5/family

**Location:** High School Pool



## Water Aerobics/Lap Swim

Water Aerobics offers a fun, “No Sweat”, effective exercise with musical accompaniment. It’s a nice way to trim, tone, and stay limber! Water Aerobics minimizes strain on your body because the water cushions your muscles as you work out. The class is held in the shallow end of the pool, so no swimming ability is necessary. The pool steps make it easily accessible.

**Instructors:** Nancy Mager and Cynthia Meyer

**Dates:** Wednesdays, November 30 - February 8 (10 sessions)

NO water aerobics December 28th

**Time:** 7:00pm-8:00pm

**Location:** HS Pool

**Fee:** \$25.00 or \$3.00 per night at the door (Senior citizen rate is half price)

## Circuit Training

Circuit Training is the “musical chairs” of the exercise world. Although it may look a bit chaotic at first, there is method to the madness that results in a useful form of exercise. Circuit Training is total body strength and conditioning class that will challenge you to improve your overall fitness. This class is a mix of cardio, weights, and plyometrics. Stations will be set up to utilize strength, agility and power. Every major muscle group will be challenged in every circuit training class. Each circuit training class includes fifteen exercise stations. Over the course of the workout, you stop at each station and perform a specific exercise for 30 seconds and then move on to the next station. Circuit training is a great way to experience total body training, burn calories and improve your overall fitness.

**\*\*Sign up for both sessions and pay \$60! (\$10 off)**

### Session 1

**Dates & Times:** Mondays, November 14, 21, 28 and December 5, 12, 19 3:30-4pm  
Wednesdays, November 16, 30 December 7, 14, 21 3:30-4:30pm

### Session 2

**Dates & Times:** Mondays, January 9, 16, 23, 30 and February 6, 13 3:30-4pm  
Wednesdays, January 11, 18, 25 and February 1, 8, 15 3:30-4:30pm

**Location:** High School LMC

**Fee:** \$35

**Minimum Participants:** 5

**Maximum:** 15

**Instructor:**

Dana Schindele & Ashley Hoffmann



## Clean Eating

Participants will make a mason jar salad, get clean and easy recipes, and learn about a nutritional system to help stay on track with your goals! Don't forget to bring a mason jar and top. We will supply the goodies to fill it up!!

**Instructor:** April Christen

**Date:** Wednesday, January 11

**Time:** 7-8pm

**Location:** HS Student Lounge

**Fee:** \$8

**Deadline to register:** January 3

**Minimum:** 5

## Teams Needed!!

### Adult Co-Rec Volleyball League

Get out of the house and have some fun with your friends. Holdingford Community Ed. will be running a 6 person Adult Co-Rec Volleyball League. This will be a recreational league consisting of men and women 18 years of age or older. It will be rally scoring and teams will officiate themselves. The league will run approximately 6-8 weeks, concluding with a double elimination play-off. There is a minimum of four teams needed to run the league.

**Dates:** League will start Sunday, January 8, 2017 (NO volleyball Super bowl Sunday)

**Time:** Game times will likely be around 7:00 pm

**Fee:** \$30.00 registration fee per team

**Location:** Intermediate Gym

**Deadline to register a team is Friday, December 30<sup>th</sup>.**

Contact Kendra at 320-746-4465 with any questions or register online under Community Education. Roster, schedule and rules will be handed out the first night of play.



## Morning Circuit Training

Come join us for a total body, circuit training workout 6 week program. It will be a mix of using weights, body weight and cardio to get your heart pumping. There will be new circuit for each class, so you don't have to worry about getting bored with the same routine. All workouts will be led by a Personal Trainer. All ages and fitness levels are welcome. There will also be nutritional tips and tricks along the way to help you reach your goal.

**Dates:**

**Session 1:** Tuesdays and Thursdays  
December 6– January 12

**Session 2:** Tuesdays and Thursdays  
January 17– February 23

**Time:** 5:00am-6:00am

**Location:** HS Weight Room enter door 1

**Fee:** \$52 Tuesday or Thursday  
\$77 Tuesday and Thursday

**Minimum:** 5

**Maximum:** 14

**Instructor:** Kelly Boeckermann

## How to Use Essential Oils

Essential oils are everywhere these days...but what are they, how do you use them and why?? Get all of your questions answered and more! We'll cover all of the basics + a few of our favorite recipes and tricks! You will receive a personalized oil in a roller bottle plus additional reference materials/recipes.

Instructor: Katrina Kunstleben

**Date:** Tuesday, November 22

**Time:** 6:30pm-8pm

**Location:** Student Lounge

**Fee:** \$10

**Minimum:** 2

## Happier, Healthier You

Did you know that chemicals in the every day products we use in our homes can affect our hormones and make us sick? Become an educated consumer! Come learn about which chemicals to watch out for and why! You'll also learn about tried and true natural alternatives (you might be reminded of things that your mother or grandmother used!) You will get to take home information and recipes.

Instructor: Katrina Kunstleben

**Date:** Monday, January 9th

**Time:** 6:30pm-8pm

**Location:** Student Lounge

**Fee:** \$10

**Minimum:** 2

## DIY Holiday Gifts

Need some great gift ideas that won't break the bank? How about something more personalized yet still easy? We'll show you how to quickly make great homemade gifts for friends, teachers, family, co-workers, etc. with essential oils and products that you most likely already have in your home! You'll get lots of ideas + get to make and take 2 gifts home: a room spray and a lotion! Bring your camera (or your phone) along to take pictures of our other ideas for reference at home!

Instructor: Katrina Kunstleben

**Date:** Wednesday, December 14th

**Time:** 6:30pm-8pm

**Location:** Student Lounge

**Fee:** \$15

**Minimum:** 3

## Enhance the Romance with Essential Oils

Valentine's Day may be fast approaching, but we'll show you how to make any day a special day! For some, intimacy ranks right up there with oxygen. For others, not so much! This is a fun class where we share the info that women (and men!) really want to know but no one wants to ask about! Couples welcome but not required. You'll leave with lots of information and massage oil sample.

Instructor: Katrina Kunstleben

**Date:** Wednesday, February 1st

**Time:** 6:30pm-8pm

**Location:** Student Lounge

**Fee:** \$10

**Minimum:** 3



## Glass Painting

Join Art Bar 39 Artists and have some fun while you paint something that you can use! You will paint and take home two wine glasses. All materials will be provided. No experience is needed!

**Date:** Monday, January 23

**Time:** 6pm-8:30pm

**Location:** Rudolph's Redneck Roost

**Fee:** \$35

**Deadline:** January 17



## MN Rustic String Art

Art Bar 39 Artists will provide Fun step by step instruction along with all the materials needed to create your very own MN string art project. :) No experience is needed. Anyone can join! A fun and relaxing evening with friends, snacks, drinks and creativity!

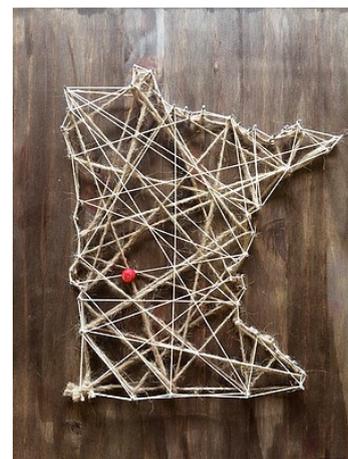
**Date:** Monday, February 13

**Time:** 6pm-8:30pm

**Location:** Rudolph's Redneck Roost

**Fee:** \$39

**Deadline:** February 6



## Mystery Quilt

### Become a quilt sleuth!

Participants will meet for one session to receive their beginning directions. After that, participants receive “clues” or directions by email or mail on how to construct a quilt.

On April 26th there will a “show and tell” event showcasing the quilts, even if they are not quite complete. There will be an appetizer type snack at this meeting.

Join the fun by registering for the class and don't forget to include your email.

This is an easy and fun pattern that even a beginner can enjoy. No materials included in the cost of the class.

\* If you took this class in the past, this is a new quilt.

**Date:** February 1, 2017 and April 26, 2017

**Time:** 6:30—7:30 p.m.

**Location:** High School Library (LMC)

**Fee:** \$26

**Deadline:** January 20th

**Minimum Class Size:** 6

**Instructor:** Penny Hoops, Owner of Cuddle Up Quilts



## Adult Canvas Painting at the Muni

Please join an instructor from Art Bat 39 in these FUN step by step guided instruction canvas painting sessions. Each person will go home with their own original canvas painting. These classes will be held at the Holdingford Municipal Liquor Store. Snacks and beverages will be available to purchase.

### Country Morning

**Date:** Monday, November 7

**Time:** 6:30-8:30

**Location:** Holdingford Municipal

**Fee:** \$39

**Deadline:** November 1st

**Minimum:** 15



## Indoor Walking at Holdingford High School

We are updating our walking pass log. Please call Kendra at 320-746-4465 if you have a badge and are walking in the evenings.

## Senior Citizen Passes

Residents of Holdingford School #738 who are 60 years or over are eligible to receive a Senior Citizen Pass.

This pass will entitle the holder to attend free of charge District #738 athletic events, concerts which are scheduled in the school district, and pay half price (plus materials) for qualifying community ed. classes.

This pass will not be good for activities scheduled outside of the district such as athletic contests or for tournament games held within the district.

Each pass should be signed by the holder and presented at the gate for athletic events, plays and concerts, and noted when registering for community education classes.

Any district Senior Citizen who has not received a pass and would like one should contact the Community Education office at 320-746-4465.

We hope these passes will allow more people a greater opportunity to use our school facilities!

## Important!!

### Community Ed. Class Cancellations

Winter is approaching and it is important to listen to the radio if there is questionable weather.

When school or evening activities are canceled for any reason, all Community Education classes and programs will also be postponed. This includes adult programs. If school is canceled, Husker Kids' Zone child-care program is closed. If school closes early then Kids' Zone will remain open until all students are picked up.

You can email [Kendra.posch@isd738.org](mailto:Kendra.posch@isd738.org) with any questions.

Listen to the following radio stations for school closing announcements:

**KASM 1150 AM**  
**KCLD 1450 FM**  
**WJON 1240 AM**  
**WWJO 98.1 FM**  
**WYRQ 92.1 FM**

## Elementary Boys' Basketball Grades 3-6

All Elementary boys basketball players grades 3-6 are invited to participate in the Husker Monday and Saturday basketball program starting Saturday, November 19th and ending February 2017. Elementary basketball players will spend Monday nights working with head basketball coach Nate Miller, his coaching staff, and varsity basketball players. Players will be working on skills in shooting, ball handling, passing, offensive and defensive strategies, hustle, and teamwork. Saturday practices will be spent working with their grade specific teams and coaches preparing for tournament play. Saturday schedules are to be determined. Tournament play will start after Christmas. A parent meeting will be held on Saturday, November 19th in the Library (LMC) at 8:30 AM. Please make every effort to attend this important meeting as future tournament schedules and practice schedules will be discussed. We ask that one parent/guardian attend the parent meeting. The boys will practice immediately following this meeting. Parents will be responsible for transporting players to games and practices.

**Dates:** Parent Meeting/Practice – 8:30 AM, Saturday, November 19th. Practice will follow.

Mondays - November 21st, November 28th, December 5th, December 12th

Saturdays – TBD by grade level coaches

**Time:** 6:00-7:15 p.m. Mondays

8am-10am Saturdays

**Fee:** 3<sup>rd</sup> grade- \$33      \*Additional \$5 if registered after  
4<sup>th</sup> grade- \$33                      November 13  
5<sup>th</sup> grade- \$43  
6<sup>th</sup> grade- \$43

**Instructors:** High School Basketball Coaches/Players and Parent Volunteers

**Locations:** 6<sup>th</sup> grade – High School Gym  
5<sup>th</sup> grade – High School Gym  
4<sup>th</sup> grade – Intermediate Gym  
3<sup>rd</sup> grade – Intermediate Gym

Please indicate on the  
registration if you would  
like to help coach a  
grade level.

## Elementary Girls' Basketball Grades 3-6

There will be an informational meeting/practice on Saturday, November 12<sup>th</sup> in the LMC from 10 – 11am. Parents, volunteer coaches, and players are asked to attend. From 11-12pm there will be a Coaches Clinic in the HS Gym and students will go to the Intermediate Gym and practice during this time. Official Saturday practices will run from December 3<sup>rd</sup> until February 18<sup>th</sup>. It will be up to the coaches and teams if they would like to have practice on November 19th. November 26<sup>th</sup> there is no practice. December 3, 10 and 17 the players will practice with Coach Bring for the first hour and then split up for the second hour.

Tournaments will start mid-January and will vary in number for each grade level. Grade level coaches may also schedule additional practices during the week. It is up to their team, coaches, and the availability of gyms. Parents are responsible for transportation to and from the practices and games.

**Dates:** Informational meeting/practice – Saturday, November 12<sup>th</sup> 10-noon

**Practice dates** – Saturdays, December 3<sup>rd</sup>– February 18<sup>th</sup> 10 – 12pm  
(Additional practices may be scheduled during the week)

Tournament dates – Saturdays starting mid-January (will vary per grade level)

**Location for Saturday Practices:**

6<sup>th</sup> grade – High School Gym

5<sup>th</sup> grade – Elementary Gym

3<sup>rd</sup> and 4<sup>th</sup> grade – Intermediate Gym

**Fees:** (additional \$5 if registered after November 10)

5<sup>th</sup> and 6<sup>th</sup> grade - \$55

4<sup>th</sup> grade - \$45

3<sup>rd</sup> grade - \$35

**Instructors:**

High school basketball coaches/players and volunteer coaches

Please indicate on the  
registration if you would like  
to help coach a grade level.

## Open Basketball Sundays, January 8, 22, 29 February 12, 19 and 26

The high school gym will be open for basketball on Sunday afternoons from 2-4pm. Tennis shoes are required in the gym. Students under 7<sup>th</sup> grade must be accompanied by an adult. Basketballs will be provided but you may bring your own. Enter door #1, sign in and pay. No loitering allowed.

**Fee: \$2.00 per person or \$5 a family.**

\*The school is also open for adults to walk laps during this time and it is free of charge if you have a walking pass. You can obtain a walking pass from the Community Ed. office.

Listen to local radio stations for weather related closings.

# Community Education Registration Information

Contact the Community Ed. Office at 320-746-4465 with any questions or email [Kendra.posch@isd738.org](mailto:Kendra.posch@isd738.org).

- No news is good news! You will only be contacted if your class is cancelled or changed.
- Timing is important. The fastest way to cancel a great class is waiting too long to register. If an activity has not met the minimum number of participants, it is subject to cancellation. This will be determined at the close of the early deadlines.
- Registration forms may be mailed to: Holdingford Community Education, PO Box 250, Holdingford, MN 56340. They may also be dropped in person at the Community Education Office (High School Door #3) or brought to the elementary office. Please enclose the form and payment in an **envelope marked Community Ed.** when delivering it to the elementary office. You may also register online at [www.isd738.org](http://www.isd738.org).
- Checks can be made out to Community Education.
- Registrations must be received in the Community Education Office by 4:00 p.m. on the early deadline date to qualify for the reduced pricing. Registrations received after the deadline date, will need to add \$5.00 to the payment.
- Registrations will **NOT** be considered completed until the registration form and correct payment have been received. We will take registrations over the phone if you have a debit/credit card.
- Please keep your newsletter and/or write class dates on your calendar for future reference.
- Print all information (**especially phone numbers**) legibly. It is important to have these numbers if we need to reach you.

### Refund Policy

We will issue a full refund if you notify the Community Education Office with cancellations at **least 24 hours prior to the deadline**. Late cancellations result in extra expenses for Com. Ed. and the instructors. Classes or programs having multiple meeting dates will receive prorated refunds.

### Holdingford Community Education Registration

Name	Grade	Age	Community Ed. Class	Cost
<b>TOTAL</b>				

### Make checks payable to Holdingford Public Schools.

Parent/Guardian \_\_\_\_\_ Res. Phone \_\_\_\_\_  
 Address \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 \_\_\_\_\_ Bus. Phone \_\_\_\_\_

Email address \_\_\_\_\_

Participant Special Needs: \_\_\_\_\_

**Emergency Contact (other than parent):** This information is very important for us to have. In case of an injury or illness, we need a contact if we are unable to get in touch with parents.

Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

I will **volunteer to coach** (circle one): Girls' basketball    Boys' basketball    Elementary wrestling

Name: \_\_\_\_\_ Grade I want to coach: \_\_\_\_\_

**Firearm Safety:** Birthdate: \_\_\_\_\_

# FAMILY FUN!

## MINNESOTA TIMBERWOLVES TRIP

Bring the whole family and relax while we take care of the planning and transportation. The Timberwolves will be hosting the Denver Nuggets. Game time is 6:00pm. Seats are located in the upper level. No Registrations will be accepted after the deadline.

\*participants under 18 years of age must be accompanied by an adult.

**Registration is non-refundable for this event.**



**Date:** Sunday, January 22 (NO SCHOOL MONDAY JANUARY 23rd)

**Fee:** \$40/Person

**Deadline:** December 20th

**Minimum:** 30

**Maximum:** 50

Bus will depart from the Holdingford High School parking lot at 3:45pm



## Wrestling

### Kindergarten – 6<sup>th</sup> Grade

Elementary practice will begin Monday, December 5th for K-6<sup>th</sup> grade. This is a great opportunity to learn wrestling fundamentals, get physical activity and have fun. All grades K-6<sup>th</sup> will practice Monday and Thursday nights from 6:15-7:30. There will be a parent meeting the night of the first practice, I encourage all parents to attend that night. There is a **\$40 deposit for Singlets** if your child wants to compete in weekend tournaments. Singlet deposits will be refunded when the singlet is returned at the end of the year. Singlets will be passed out at one of the first practices. If you have any questions, please call Coach Oellien at 746-4397 or Adam Johnson at 746-4364 or e-mail [logan.oellien@isd738.org](mailto:logan.oellien@isd738.org) or [adam.johnson@isd738.org](mailto:adam.johnson@isd738.org).

**Registration period without a late fee will be from October 24<sup>th</sup> –November 18<sup>th</sup>.**

We are still looking for Volunteers to help with practices. Any help would be great, so please let us know if you have interest.

**Dates:** Monday and Thursday nights in the months of December, January, February and March

**Time:** 6:15-7:30 p.m.

**Fee:** \$32

**Fee after November 18th:** \$37

**Location:** High School Wrestling Room



Link for wrestling apparel with lots of color options for all items, order deadline is November 13<sup>th</sup> and items will be delivered to the school early/mid December. <https://huskerswrestling.itemorder.com/sale>

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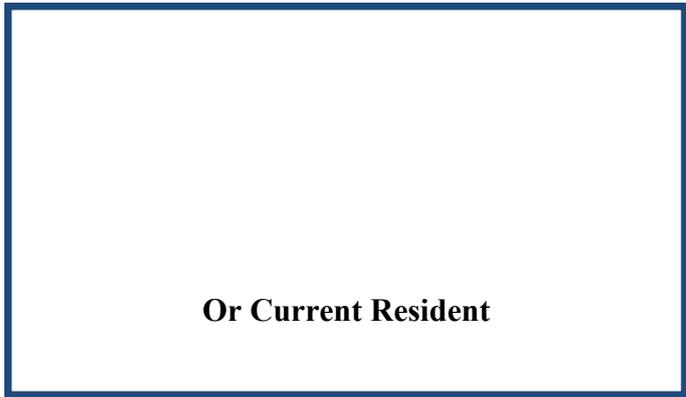
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**Or Current Resident**

### Please Note

If you have any of these changes, please notify Jessica Rausch in the high school office (320-746-4304) or Sharon Breth in the elementary office (320-746-4462).

- Changes in marital status.
- Change of address.
- Death of someone that receives school mail.

This will help us keep records up to date and mailings current. In the case of separation or divorce, both parents will receive information if we have the addresses.



Are you ready to retire from your full time job or just looking for part-time work? Start a new journey and help provide the safest form of student transportation, become a school bus driver.

- Typical hours are 6:15am-8:15am and 2:30pm-4:30pm
- Hours can be flexible
- Earn extra income
- Experience the joy of watching students grow
- Drive activity trips

Will train qualified applicants to obtain Commercial Driver's License, for more information call Rodney Ebnet, Transportation, Holdingford Schools, 320-746-4464.

### Wrestlers to Host 5th Annual Chili Feed and Raffle

Saturday, February 11<sup>th</sup> the Husker wrestlers will be having a free will donation chili feed at the Pelican Lake Ball Room. Chili will be served from 5 to 8. Door prizes will be drawn throughout the evening and the night will be concluded with the Wrestler's Cash Raffle, Scot Storm painting and Quilt Raffle drawing at 8:00.

Come and enjoy some good food and prizes in support of the Husker Wrestling Team.



Community Education Adult Canvas Painting class on September 26, 2016 at the Holdingford Municipal.

### NEWSLETTER DEADLINES

JANUARY 18, 2017

APRIL 11, 2017

PLEASE SEND ARTICLES TO  
KENDRA.POSCH@ISD738.ORG

### Corner Pizza

320-746-2536

581 Main Street, Holdingford

Bring ad in  
for \$1 off

4pm-8pm Tues-Thurs

4pm-9pm Fri-Sun